

## **Archery Base (Bows & Arrows)**

### **Purpose**

individuals find a stick and using sisal bend it to make a bow and by sharpening narrower sticks as arrows they can test their bows on the targets from 5 metres

### **Method**

1. Choose a long piece of wood for the bow
2. Shape the bow.
3. Cut notches to hold the bow string
4. Select a non stretchy line and string the bow.
5. Select sticks to shape and sharpen for arrow

### **Preparation in advance**

1. Gather enough long pieces of woods to make a bow for each member
2. Gather sticks to make a number of arrows
3. Get thin nylon rope, fishing line or ordinary twine to string bows
4. Knives to shape & sharpen
5. First Aid Kit
6. A target

### **On the day**

1. A designated Scouter to supervise the shooting of the arrows
2. Cordon off a safe area
3. Members compete against each other to get highest score on the target

### **Risk assessment**

1. All participants to be advised that they must have arrows pointing towards targets
2. Don't ever point an arrow at another person
3. Even the smallest bows are not toys. Arrows must always point towards the target
4. Do not shoot an arrow up in the air
5. Nobody should ever be at the target end when shooting is taking place
6. No one begins shooting until the range master gives the command.
7. When two or more archers are shooting, they should stand side by side
8. Participants not shooting must wait behind the waiting line
9. Do not walk across the shooting line when retrieving arrows from the target

